



**May 2017 K-8 School Lunch Menu**  
 Student Meal \$2.25/ Reduced Meal \$0.40/ Adult Meal \$3.50

**SCHOOL LUNCH HERO DAY**

	Monday	Tuesday	Wednesday	Thursday	Friday
May 1 - 4  		<b>BBQ Chicken Sandwich</b> <b>Cheesy Breadstix w/ Marinara Dippin' Sauce</b>  Baked Beans Baked Sweet Potato Applesauce Peach/Pear Compote	<b>Chicken Nuggets with Dinner Roll</b> <b>Ham &amp; Cheese Croissant</b>  Broccoli with Cheese Sauce Buffalo Sidewinders Pineapple Cup Tropical Fruit Cup	<b>Bacon Cheeseburger on Bun</b> <b>Loaded Mashed Potato w/ Roll</b>  Sweet Potato Waffle Fries Cheesy Bean Dip Fruit Cocktail Peach Cup	<b>Con Queso Quesadilla</b> <b>Pretzel Bites w/ Cheese Sauce</b>  <b>Mixed Vegetables</b> Turnip Greens Warm Cinnamon Apples Pears & Cherries  <b>BAG LUNCHES- SHUMAN FIELD DAY</b>
May 7 - 11	<b>Taco Bar (Beef, Chicken Fajita)</b> <b>Egg Rolls</b>  Whole Kernel Corn Tater Tots Fruit Gelatin Strawberry Applesauce	<b>Chicken Swirl Sandwich</b> <b>Spaghetti w/ Garlic Toast</b>  Carrot Souffle Green Beans Peachy Mango Fruit Cup Cool Tropic Fruit Slush	<b>Chick'N Waffles</b> <b>Yogurt, Cheese, &amp; Fruit Plate</b>  Braised Cabbage Orange Medley Juice  Berry Blend Cup Fruit Cocktail	<b>Scrambled Eggs, Bacon, &amp; Biscuit</b> <b>Fiestada Pizza</b>  Herbed Broccoli Roasted Red Potatoes Pear Cup Pineapple Cup	<b>Cherry Blossom Chicken over</b> <b>Steamed Rice with Dinner Roll</b> <b>PBJamwich</b>  Black Eyed Peas Glazed Sweet Potatoes Mandarin Oranges Warm Cinnamon Apples
May 14 - 18	<b>Seafood Combo Basket</b> <b>Sloppy Joe</b>  <b>Teriyaki Vegetables</b> <b>Buffalo Sidewinders</b> <b>Pineapple Cup</b> <b>Fruit Cocktail</b>	<b>Wild West BBQ Sandwich</b> <b>Pizza</b>  <b>Corn on Cob</b> <b>Roasted Sweet Potato</b> <b>Limeade Fruit Salad</b> <b>Applesauce</b>	<b>Lasagna Roll-ups with Breadstick</b> <b>Turkey Pot Pie</b>  <b>Mixed Vegetables</b> <b>Sweet Potato Puffs</b> <b>Cool Tropics Fruit Slush</b> <b>Peaches &amp; Cream</b>  <i>It's National Fruit Slush Day</i>	<b>Meatball Sub</b> <b>PBJamwich</b> <b>Yogurt</b> <b>Green Peas</b> <b>Ranch Beans</b> <b>Tropical Fruit Cup</b> <b>100% Fruit Cup</b>	<b>Bag Lunches</b>
	<h1>Enjoy Your Summer!</h1>				

A reimbursable meal must include at least 3 food groups. Choose at least 3 food items including 1/2 cup fruits or vegetables and at least 2 other food groups. For best nutrition, choose all 5 of the meal components for School Lunch - Grains, Meats or Protein, Milk, Fruit & Vegetables.

